



## Your Health Matters

### *Consumer Health Complete*

Find trusted information on the health and wellness topics that matter most.

Consumer Health Complete can help you better understand key topics across the health and wellness spectrum — from mainstream medicine to complementary, holistic and integrated medicine. Using the database is easy. Search results are organized by source type, so you'll quickly find the information you need in the format you want.

#### Topics Include:

- Addiction
- Aging
- Anxiety
- Cancer
- Diabetes
- Fitness
- Menopause
- Nutrition
- Relationships



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